

SURF SHERPA SUPPLY LIST

ESSENTIALS

- passport & state id or raised-emblem birth certificate & state id
- Sleeping bag
- thermarest
- Sheet
- tent (better is better for ventilation, changing, etc...)

CLOTHES

- wide-brim sun hat
- beanie
- sunglasses
- T-shirts
- tank tops
- bathing suits
- rash guard
- fleece/sweater
- wind/rain shell
- ski socks
- flip flops
- chacos, etc...
- pants
- board shorts
- trail shoes
- long-sleeved light colored shirt for sun protection

TOILETRIES

- sunblock
- aloe vera gel
- after-sun lotion
- zinc
- lip block
- toothbrush
- toothpaste
- prescriptions/medications
- feminine products (tampons are not sold in Baja)
- biodegradable** soap, shampoo, and conditioner

ODDS AND ENDS

- head lamp
- camera
- batteries
- towel
- water bottle
- sarong
- water camera
- music
- journal
- small, super absorbent camp/pack towel